



# BSOG CME 2022



13<sup>TH</sup> TO 17<sup>TH</sup> JULY 2022, BENGALURU

API Bhavana, 16/F, Miller Tankbund Road, Vasanthnagar, Bengaluru 560052



# CME COMMITTEE

## **PRESIDENT**

Dr. Shilpa G B

## **CHAIRPERSON**

Dr. Thejavathy G V

## **CASE DISCUSSIONS**

Dr. Gomathy Narayanan

Dr. Sundari N

Dr. Malini K V

Dr. Padmaja P

Dr. Jyothika A Desai

Dr. Nagarathnamma R

## **DRILLS**

Dr. Thejavathy G V

Dr. Susheela Rani B S

Dr. Sunitha B

Dr. Hemavathi Srinivasan

## **SCIENTIFIC PROGRAM**

Dr. Shilpa G B

Dr. Prathima Radhakrishnan

Dr. Mahesh C Koregol

## **WORKBOOK**

Dr. Vidyamani L

Dr. Chandrika Muralidhar

## **BROCHURE**

Dr. Sheela V Mane

Dr. Shobha N Gudi

## **FOOD**

Dr. Venkatesh N

## **SDPP**

Dr. Jayanthi T

Dr. Indira C Reddy

Dr. Rekha Rajendrakumar

Dr. Jyothi G S

Dr. Mangala Devi

## **2 MINS 2 SLIDES**

### **OBSTETRICS**

Dr. Prakash K Mehta

Dr. Susheela Rani B S

Dr. Shubha Rama Rao

### **GYNAEC**

Dr. Arulmohzi Ramarajan

Dr. Jyothika A Desai

Dr. Umadevi K

### **FERTILITY & FAMILY WELFARE**

Dr. Shobha N Gudi

Dr. Mahesh C Koregol



# BSOG OFFICE BEARERS

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Dr. Ashwini G B  
Dr. Chandrashekar Murthy Y M  
Dr. Hemavathi Srinivasan  
Dr. Manjunath C S  
Dr. Nirmala B M  
Dr. Srimathi Raman  
Dr. Sunil Eshwar  
Dr. Umadevi K

## INVITED MEMBERS

Dr. Kamini A Rao  
Dr. Hema Divakar  
Dr. Sheela V Mane

## ADVISORY COMMITTEE

Dr. Chandrika Muralidhar  
Dr. Jyothika A Desai  
Dr. Nagarathamma R  
Dr. Thejavathy G V  
Dr. Vidyamani L

## CONTACT

Dr. Thejavathy G.V - Chairperson  
+91 9845 557 464 / 9035 173 865  
bsogpgforum@gmail.com



# FACULTY - OBSTETRIC DRILLS

## FORCEPS AND VACUUM

Dr. Padmini Prasad  
Dr. Anuradha G  
Dr. Sunitha B  
Dr. Akhila  
Dr. Rutuja  
Dr. Nirmala B M  
Dr. Rajnish Samal  
Dr. Hemavathi Srinivasan  
Dr. Megha  
Dr. Phani Swetha  
Dr. Usha  
Dr. Navya

## PPH MEDICAL

Dr. Manjula NV  
Dr. Radhika  
Dr. Ashwini  
Dr. Taniya  
Dr. Krupa  
Dr. Angelina  
Dr. Nandini

## PPH Surgical

Dr. Shilpa G B  
Dr. Geeta Shanbhag  
Dr. Kavitha Pujar  
Dr. Arpitha  
Dr. Vishma Shetty  
Dr. Manjula Patil

## BREECH

Dr. Chandrika Muralidhar  
Dr. Shashikala Karanth  
Dr. Ramya Shankar  
Dr. Namrata  
Dr. Vijaykumar C R  
Dr. Akshita

## PELVIS PRESENTATION

Dr. Suvarna R  
Dr. Roopakala B M  
Dr. Nalini Arunkumar  
Dr. Sathyavani C  
Dr. Rashmi Patil  
Dr. Shailaja N  
Dr. Malathi  
Dr. Kusuma Naik

## SHOULDER DYSTOCIA

Dr. Jyothi G S  
Dr. Padmakshi P  
Dr. Madhuri Saha  
Dr. Chaitra K N  
Dr. Tara D  
Dr. Mamatha Shetty

## ECV

Dr. Malini K V  
Dr. Thejaswini K K  
Dr. Shashikala Patil  
Dr. Suma K S  
Dr. Ashok Kumar Devoor  
Dr. Rashmi K S

## IPV & MRP

Dr. Sarojini  
Dr. Bhanu  
Dr. Prathima  
Dr. Raksha  
Dr. Ashok, H.S  
Dr. Tejashwini, D

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# FACULTY - GYNEC DRILLS

## HYSTEROSCOPY

Dr. Shilpa G B  
Dr. Mahesh Koregol  
Dr. Madhuri Vidyashankar  
Dr. Sowmya Mahesh  
Dr. Sunil Eshwar  
Dr. Ashwini Gowdra  
Dr. Rutuja  
Dr. Navya

## LAPAROSCOPY

Dr. Saraswathi Ramesh  
Dr. Payal  
Dr. Rekha Rajendrakumar  
Dr. Arathi Sridhar  
Dr. Harinath  
Dr. Sriprada Vinekar  
Dr. Shafalika S B  
Dr. Manjunath C S  
Dr. Thejashree

## MVA

Dr. Suvarna  
Dr. Tara D  
Dr. Nalini Arunkumar  
Dr. Malathi  
Dr. Roopakala  
Dr. Sathyavani  
Dr. Hethyshi

## IUCD

Dr. Malini K V  
Dr. Ashakiran T R  
Dr. Radhika  
Dr. Sarojini  
Dr. Madhuri Saha  
Dr. Megha Chouhan

## SURGICAL KNOTS

Dr. Jayanthi T  
Dr. Sunitha Mahesh  
Dr. Manjula Patil  
Dr. Shashikala Karanth  
Dr. Manjula N V  
Dr. Padmakshi P  
Dr. Ramya Shankar  
Dr. Hemavathi Srinivasan

## COLOPSCOPY

Dr. Susheela Rani B S  
Dr. Jyothika A Desai  
Dr. Shubha Rama Rao  
Dr. Usha  
Dr. Jyothi G S  
Dr. Phani Swetha

## POP Q

Dr. Nagarathamma  
Dr. Chandrashekar  
Dr. Vijaykumar C R  
Dr. Nagendra Prasad  
Dr. Shailaja N  
Dr. Kusuma Naik  
Dr. Rashmi Patil



# WELCOME MESSAGE

Dear students and teaching fraternity,

Greetings from Bangalore society of OBG. We are delighted to announce the much awaited annual post graduate CME to be held from 13<sup>th</sup> to 17<sup>th</sup> July 2022 at API Bhavana Bengaluru.

We are planning on covering all aspects of the subject extensively through interactive sessions. BSOG has a tradition of providing immense opportunities to students from all over the country to present their talent, hone their skills and upgrade their knowledge several folds. The academic feast offered here will not only help them succeed in examinations but also inspire them to learn and train better in their residency course.

Our efforts are directed towards bringing in the best faculty from all across the country for the case presentations. The OSCE session, skill drills, the ultrasound and CTG workshops will provide a complete learning experience for the students. We have “2 minutes, 2 slides” sessions, these are used to reinforce evidence based practices, dos and don't's for critical clinical situations presented by Our young generation consultants.

All five days we promise a wide variety of delectable cuisine, our CME is known for excellent meals.

We welcome you to register in large numbers, please seek out your participatory roles and make your travel plans well in advance.

We request all teachers and heads of institutions to encourage their students to register and promote this intense learning exercise.

- Team BSOG PG CME 2022



# 13<sup>TH</sup> JULY 2022

- WEDNESDAY -

Timings	Session	Topic	Faculty
08.30am - 09.30am		CTG Workshop	Dr. Latha Venkataram
			Dr. Srimathy Raman
09.30am - 10.30am	Long Case	RPL	Dr. Lakshmi Seshadri
			Dr. Sita Panicker
			Dr. Sai Lakshmi
10.30am - 10.45am	Inauguration		
10.45am - 10.55am	2mts 2 slides - Obstetrics		
	1. Screen positive for Aneuploidy- what next?		Dr. Soumya Mahesh
	2. Folic acid vs L- methyl folate		Dr. Chaitra Gowda
	3. Is Late Pre-term a high risk group?		Dr. Tara D
	4. Should maternal Echocardiography be done in all pregnancies?		Dr. Hemavathi Srinivisan
<b>10.55am - 11.15am</b>	<b>Coffee/Tea Break</b>		
11.15am - 12.15pm	Long Case	PMB	Dr. Lakshmi Seshadri
			Dr. Annamma Thomas
			Dr. Pramila H J
12.15pm - 12.45pm	Short Case	Abnormal Vaginal Discharge	Dr. Kasturi Donimath
			Dr. Ashakaran T R
12.45pm - 01.00pm	Lecture	Trials that changed obstetric practice	Dr. Shilpa G B
<b>01.00pm - 02.00pm</b>	<b>Lunch Break</b>		
02.00pm - 02.10pm	2mts 2slides - Obstetrics		
	5. Maternal lipids and fetal growth.		Dr. Ramya Shankar
	6. Prevention of Long term Complications of Preeclampsia		Dr. Sunitha Mahesh
	7. Caesarean scar thickness - can it predict rupture?		Dr. Indira Reddy
	8. Is there a role for ACS in PTB at 34- 36wks 6days?		Dr. Priyanka Dilip
02.10pm - 02.30pm	SDPP Selections		
02.30pm - 03.30pm	Long Case	Multiple Pregnancy	Dr. Sita Panicker
			Dr. Shobha N Gudi
			Dr. Sujata Prabhu
03.30pm - 04.00pm	Short Case	Breech	Dr. Rajiv Saxena
			Dr. Padmasri
<b>04.00pm - 04.15pm</b>	<b>Coffee/Tea Break</b>		
04.15pm - 05.15pm	Long Case	Ovarian Tumor	Dr. Bafna U D
			Dr. Kasturi Donimath
			Dr. Girija M K
05.15pm - 06.15pm	USG Workshop		Dr. B S Ramamurthy
			Dr. Prathima Radhakrishnan



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# 14<sup>TH</sup> JULY 2022

## - THURSDAY -

Timings	Session	Topic	Faculty
08.00am - 09.00am	SDPP	Obstetrics	Dr. Parveen
			Dr. Vidyavathi
			Dr. Rajnish Samal
09.00am - 10.00am	Long Case	Heart Disease in Pregnancy	Dr. Habeebulla
			Dr. Thejavathy G V
			Dr. Shiny Varghese
10.00am - 10.30am	Short Case	GTN	Dr. Sangeeta Menon
			Dr. Shashikala Karanth
10.30am - 11.30am	Long Case	Cancer Cervix	Dr. Habeebulla
			Dr. Pallavi
			Dr. Sangeeta Menon
<b>11.30am - 11.45am</b>	<b>Coffee/Tea Break</b>		
11.45am - 12.45pm	Long Case	FGR	Dr. Sareena Gilvaz
			Dr. Hemanth Deshpande
			Dr. Sudha
12.45pm - 12.55pm	2mts 2 slides - Gynaec		
			1. Myomectomy by - laparoscopy vs laparotomy
			Dr. Manjunath C S
			2. HPV Vaccine- 1 or more doses?
			Dr. Anuradha G
			3. Mifepristone vs UPA for Fibroids
			Dr. Nirmala B M
			4. US in the diagnosis of Adolescent PCOS
			Dr. Taniya
12.55pm - 01.10pm	Lecture	Trials that changed Gyn practice	
			Dr. Susheela Rani B S
<b>01.10pm - 02.10pm</b>	<b>Lunch Break</b>		
02.10pm - 02.20pm	2mts 2slides - Gynaec		
			5. Postcoital Antibiotic Prophylaxis - how effective?
			Dr. Padmakshi P
			6. Prevention of Adhesions in post- Asherman' surgery
			Dr. Sunil Eshwar
			7. Gut Microbiome in vaginal health
			Dr Mangala Devi
			8. Place of Urodynamics in the evaluation of Incontinence
			Dr. Chandrashekar Y M
02.20pm - 03.20pm	Long Case	AUB	Dr. Asha Nervi
			Dr. Shubha Rama Rao
			Dr. Jayanthi T
03.20pm - 03.50pm	Short Case	Fibroid	Dr. Hemanth Deshpande
			Dr. Jyothi GS
03.50pm - 04.50pm	Long Case	Previous LSCS	Dr. Sareena Gilvaz
			Dr. Arulmozhi R
			Dr. Manohar
04.50pm - 05.50 pm		OSCE	Dr. Gomathy Narayanan R
05.50pm - 06.05 pm		OSCE ANSWERS	



# 15<sup>TH</sup> JULY 2022

- FRIDAY -

Timings	Session	Topic	Faculty
08.00am - 09.00am	SDPP	Gynecology	Dr. Nalini Bhalla
			Dr. Nalini Arunkumar
			Dr. Sujoy Mitra
09.00am - 10.00am	Long Case	Hypertensive Disorders in Pregnancy	Dr. Haresh Doshi
			Dr. Nagaratnamma R
			Dr. Geetha H H
10.00am - 10.30am	Short Case	Urinary Incontinence	Dr. Aruna Kekre
			Dr. Kiran Ashok
10.30am - 11.30am	Long Case	Infertility	Dr. Haresh Doshi
			Dr. Sujata Datti
			Dr. Shailaja N
<b>11.30am - 11.45am</b>	<b>Coffee/Tea Break</b>		
11.45am - 12.45pm	Long Case	Pelvic Organ Prolapse	Dr. Aruna Kekre
			Dr. Umadevi K
			Dr. Venkatesh N
12.45pm - 12.55pm	2mts 2 slides - Fertility		
		1.Should DFI be a part of basic investigations for infertility?	Dr. Rekha Rajendrakumar
		2. Role of Doppler in Follicular monitoring	Dr. Ashwini Mansoor
		3. HSG vs SIS	Dr. Swetha Arasu
		4. Scope of ERA	Dr. Mahesh Koregol
12.55pm - 01.10pm	Lecture	Updates in ART BILL	Dr. Kamini A Rao
<b>01.10pm - 02.10 pm</b>	<b>Lunch Break</b>		
02.10pm - 02.20pm	2mts 2slides - Family Welfare		
		1.Emergency Contraception today	Dr. Bhanu B T
		2. LGBTQ - acceptance today	Dr. Megha Chouhan
		3. LARC vs SARC	Dr. Akshitha Seth
		4. POCSO Act and the Ob/Gyn- boon or bane?	Dr. Radhika Chethan
02.20pm - 03.20pm	Long Case	Primary Amenorrhoea	Dr. Malini KV
			Dr. Shukla Shetty
			Dr. Chitra TV
03.20pm - 03.50pm	Short Case	Prolonged Pregnancy	Dr. Sumathi Prasad
			Dr. Srinivas K
03.50pm - 04.50pm	Long Case	Anemia in Pregnancy	Dr. Krishna L
			Dr. Jyothika Desai
			Dr. Rekha Gurumurthy
04.50pm - 05.50pm	Long Case	Hyperglycemia in Pregnancy	Dr. Sheela Mane
			Dr. Veerendra kumar
			Dr. P Padmaja



# 16<sup>TH</sup> JULY 2022

- SATURDAY -

Timings	Session	Topic	Faculty
08.00am - 09.00am	SDPP	Fertility and Family Welfare	Dr. Pramila Gupta Dr. Mahesh Koregol Dr. Rekha Rajendrakumar
09.00am - 10.00am	Long Case	Jaundice in Pregnancy	Dr. Sunanda Kulkarni Dr. Sujani B K Dr. Sathyavani C
10.00am - 11.00am	Long Case	Endometrial Cancer	Dr. Bafna U D Dr. Ravi Patil Dr. Priya Bhalla
11.00am - 11.10am		Introduction to Drills	
11.10am - 11.30am	Coffee/Tea Break		
11.30am - 01.30pm		Obstetric Drills	
01.30pm - 02.15pm	Lunch Break		
02.15pm - 05.15pm		Obstetric Drills	
05.15pm - 06.00pm		Revised MTP Act POCSO Act Documentation/ Counselling/ Breaking Bad News	Dr. Hitesh Bhatt

# 17<sup>TH</sup> JULY 2022

- SUNDAY -

Timings	Session	Topic	Faculty
08.30am - 12.30pm		Gynaec Drills	
12.30pm - 12.50pm	Coffee/Tea Break		
12.50pm - 01.20pm		Video: Walk the talk on RT in Gynaec Cancers	Dr. Giri G V
01.20pm - 01.45pm	Valedictory		
01.45pm	Lunch Break		



**Two Minutes Two Slides:** A unique flavor of the year 2019 CME is our introduction to \*2 minutes 2slides to drive home practice points that are evidence based. In these punch presentations by young consultants, several "routine" practices are brought forward, and their relevance according to studies will be flashed.

**OSCE:** OSCE is a new addition from this year, it allows the students to practice and demonstrate clinical skills in standardized medical scenario and trains the postgraduates not only for their exams but also for future clinical practice.

**CTG Workshop:** CTG for the obstetrician is like ECG for the physicians. While the trace can be taken by any trained person, the interpretation of the trace is to be done very carefully, by the obstetrician, with proper clinical correlation. Most fatal errors arise from improper interpretation, as revealed by confidential inquiries. This workshop will enhance your understanding of fetal physiology and strengthen your skills in interpretation.

**Drills:** Obstetric emergencies demand quick thinking and correct methods and measures to save life. An entire day is devoted to providing hands-on training in dealing with such situations. Hands on training in the management of difficult deliveries, resuscitation of mother and newborn prepare you to handle any situation with confidence.

Gynaec drills are designed to make you confident in handling gynecological situations, be it quantification of genital organ prolapse or insertion of an IUCD. We have another station to make you adept at using appropriate sutures and appropriate knots in surgeries, one more to teach you the skills of peeling the cyst wall at laparoscopy or placing sutures. Yet another station to interest you in Hysteroscopy. At the end of the day, the drills will make you feel exhilarated at the skills gained.

**Ultrasound Workshop:** Again, basic knowledge of ultrasound is important for sound obstetric practice. This workshop is intended to impart focused training in identifying important fetal structures, markers of aneuploidy, and other features of fetal well-being and ill health.

**Case Discussions:** 4 students from assigned institutions will present the case. Case discussions will follow the pattern seen in examinations.

**New Drills:** As much as it is important to learn assisted vaginal breech delivery, it would be good to learn interventions such as ECV. IPV and Breech extraction: skills that are mandatory to deliver fetuses presenting by breech / shoulder. ECV is a simple and effective maneuver in converting breech to cephalic and facilitating a safer vaginal delivery, thereby reducing the incidence of cesarean section for breech presentation. IPV followed by breech extraction is also an emergency procedure that can help delivery of a foetus in transverse lie. Whether it is a second of twin or a difficult mobile head at Cesarean section, Breech extraction is a skill that one needs to master.

**Colposcopy:** Cervical cancer mortality rates are outnumbering our maternal mortality rates. A basic knowledge of Colposcopy is a must in identifying Cervical cancer in its early stages and the only means as of now to reduce the mortality. We have introduced this as a hands-on drill station to let you have the experience of looking at the cervix from close quarters.



# SDPP

## STUDENT DELEGATE PARTICIPATION PROGRAMME

Date: 14<sup>th</sup> July, Thursday

### Topics: **Obstetrics**

1. National Anaemia Eradication Programme (NAEP)
2. Respectful Labour
3. Obesity & Fetal Outcome
4. 3rd Trimester Scan
5. Role of PAPP-A beyond Aneuploidy
6. Postpartum management of GDM patients

Date: 15<sup>th</sup> July, Friday

### Topics: **Gynaecology**

1. Current guidelines in screening for Cervical Cancer
2. Diagnosis and management of Isthmocele
3. Apical support procedures during Hysterectomy of benign conditions
4. Re-Emergence of UPA in fibroid management
5. Newer MHT
6. Biomarkers in gynaec malignancies

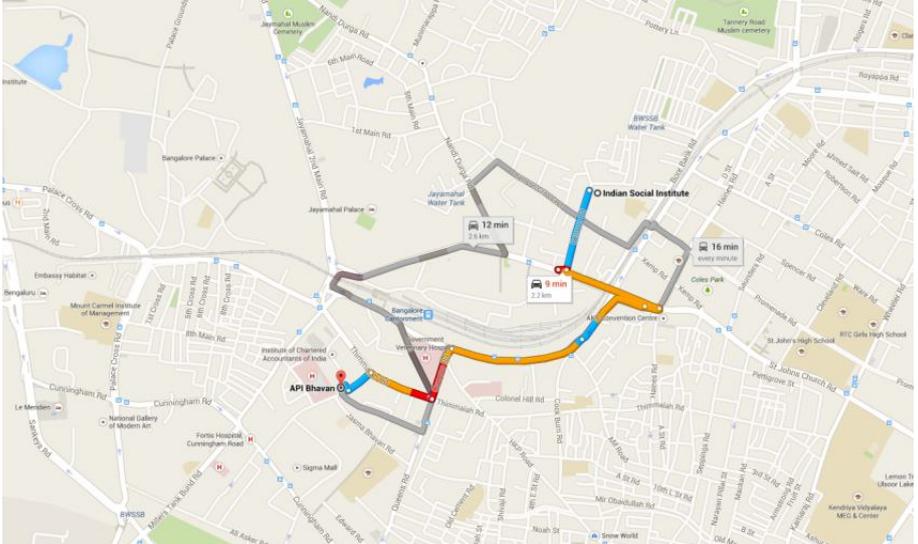
Date: 16<sup>th</sup> July, Saturday

### Topics: **Fertility & Family Welfare**

1. PRP in Gynaecology
2. Long term effects of Covid Infection on reproductive function
3. Energy devices used in Endoscopy
4. Vaginismus
5. Newer Contraceptives
6. Centchroman – Beyond contraception



# ACCOMMODATION



Please Note: Accommodation (exclusive of transport) has been arranged at Indian Social Institute, No. 24, Benson Road, Bangalore 560 040 Ph: 080-23536189/23536364/23536960. This is the most reasonable accommodation available in Bangalore city with clean rooms and clean toilets. Check in time is 5am. Those who arrive early (on 20th or before 5am on 21st will need to book for another day. Delegates wanting accommodation for their spouses as well need to make their own arrangement. Distance from venue is about 1.5km. Fare by auto is about Rs.50/-. A shuttle bus to provide free transport is arranged with 2 trips to the venue in the morning and 2 trips from the venue to ISI in the evening. Accommodation is compulsory for all 5days. As only limited accommodation is available, allotment will be on first come, first served basis. Accommodation requests must be accompanied by DD payable at Bangalore for full amount. No last minute requests for accommodation will be entertained.

**Enquiries regarding accommodation may be made to BSOG, Ph: 080 22353515**



www.bsog.in

# BSOG CME 2022 REGISTRATION FORM

13<sup>TH</sup> TO 17<sup>TH</sup> JULY 2022. BENGALURU

Till 25 <sup>th</sup> June 2022	: ₹3540/-
From 26 <sup>th</sup> to 12 <sup>th</sup> July 2022	: ₹4130/-
Spot Registrations	: ₹4720/-
Room with twin beds & common bathroom	: ₹1500/- for 5 days per person

CME Fee	: ₹
Accommodation Fee	: ₹
Total	: ₹

Name:	Sex:	<input type="checkbox"/>	M	<input type="checkbox"/>	F
Institution Name:					
Email:					
Contact No.:					
Address:					
DD / Cheque / Cash for ₹:			DD / Cheque No.		
Bank Name :			Date:		

Please write your name and place on the backside of the DD / Cheque

DD / Cheque in favour of "BSOG PG FORUM"

Mail the form with DD / Cheque to: **BSOG, 16/F, API Bhavana, Millers Tank Bed Area, Vasanthnagar, Bengaluru 560052. Ph: 080 22353515, Email: bsogpgforum@gmail.com**

I am interested in making a presentation in SDPP:	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
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Note: Registration fee includes breakfast, coffee and lunch on all days.

Signature
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